

# inform engage inspire



## DANIELLE RAMO, PHD HIDDEN IN PLAIN SIGHT Cannabis, Vaping & Other Substance Abuse among Teens

Are you having trouble understanding the difference between vaping, dabbing and 'juuling'? Not sure how to address cannabis use with your adolescent now that it is legal? Dr. Danielle Ramo will discuss the complicated landscape of teen cannabis, vaping and other substance use. She will review the current products available, trends in use and how recent policies, such as cannabis legislation, have affected teen use. She will also share evidence on the effect of sub-

stance use on the adolescent brain and behavior and note unique aspects of teen use compared to adult use. Finally, Dr. Ramo will put forth realistic and innovative strategies for dealing with teen substance use in an increasingly daunting social and political climate.

Danielle Ramo, PhD, is a clinical psychologist, director of Research Operations at Hopelab Foundation and adjunct professor of Psychiatry at UCSF with expertise in adolescent and young adult substance abuse. Her research program focuses on using digital tools to understand and address risky substance use and emotional well-being in teens. She is the author of over 70 scholarly articles and book chapters, and her work on cannabis and tobacco use has been featured in national and international news. She regularly speaks to teen and parent groups about teen drug use throughout the Bay Area and has three small children.

### For Parents of Elementary/Preteens Tues. Nov 27, 9:30am

The Nueva School *Hillsborough Campus* 6565 Skyline Blvd. Hillsborough

#### **For Parents of Teens Thurs. Nov 29, 7pm** Menlo School 50 Valparaiso Ave. Atherton

#### *For All Parents* Wed. Jan 16, 7pm

The Harker School, *Upper Campus* 500 Saratoga Ave. San Jose

#### Please arrive at least 15 minutes early to ensure seating.

All Common Ground Speaker Series events are free to the parents, faculty and staff of our member schools. Adults not affiliated with a member school may attend for a \$20 fee at the door. Events are intended for an adult audience; children should not attend unless otherwise indicated in the marketing materials for a specific event. For directions and more information about Common Ground Speaker Series, visit our website:

#### www.commongroundspeakerseries.org