



Dear Parents/Guardians,

At Woodside School, we recognize the impact that family changes can have on our students, and we are dedicated to providing support during such transitions. We are delighted to introduce an 8-week lunch club specifically designed for 3rd-7th grade students who may be navigating major shifts in their family structures.

Details of the Changing Families Lunch Group:

**When:** Tuesdays during lunchtime

**Where:** Mrs. Morton's office, Room 38C

**Who:** 3rd-7th grade students (please contact [kmorton@woodsideschool.us](mailto:kmorton@woodsideschool.us) if your child wishes to participate and is not in 3rd-7th grade)

**What:** The primary goal of this group is to create a supportive environment for children facing changes such as divorce, separation, moving, or other family shifts. Mrs. Morton will facilitate discussions, providing guidance, coping strategies, and a platform for understanding and empathy. To ensure counseling services are provided with your consent, we kindly ask for your permission. If you agree to allow your child to participate, please fill out the information below and return it to the school office.

Please do not hesitate to reach out to Mrs. Morton with any questions or concerns.

Sincerely,

Marta Batlle  
[mbattle@woodsideschool.us](mailto:mbattle@woodsideschool.us)  
650.851.1571 ext 4007  
*Student Services Director*  
*Ph.D.*

Kate Morton  
[kmorton@woodsideschool.us](mailto:kmorton@woodsideschool.us)  
650.851.1571 ext 3813  
*School Psychologist*  
*MS, NCSP*

My child \_\_\_\_\_ has permission to participate in the Changing Families lunch group through Woodside School District.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature