

Upper School Flex Period

Independent Learning Menu

EXTENSION . SUPPORT . ENRICHMENT.

Use the following menu choices to help structure your Flex time efficiently!

Extension

Use Flex time as an extension of class time. Behind in a class? Need to finish an assignment? Ready to get ahead? This is the perfect choice to make sure you're keeping up with your daily classes!



Support

Use Flex time to get support. Is there a concept that you need help with? Do you need time to reach out to a teacher or classmate? Flex time is perfect for making sure you get the individual support that you need!



Enrichment

Use this time to strengthen your academic skills and take learning to the next level. Are you done with all of your classwork? Are you up for a challenge? This choice is for you!



EXTENSION

Still have work to do? Use Flex time as an extension of class time.

Catch Up

Go through Google Classroom each Flex period and make sure that you have correctly submitted all assignments. If you have anything missing, you should be completing and turning in the assignment during Flex time.



Finish Tests/Projects

Your class period may not have been long enough to finish what you were supposed to work on. Your teachers might tell you to use your Flex time to finish your test or project. Use Flex as an extension of your class period to get your assessments done.



Meet with Classmates

Have a group project coming up? Need to discuss a concept in more detail? Schedule a Zoom with classmates in your cohort to go over material and complete group work. This is a great time to go through the peer editing process, too!



Get Ahead

Do you have an idea of what is coming up in your classes? Impress your teachers by getting started ahead of time. Research an upcoming topic, or preview the chapters that you are about to start. Everyone is more successful with a little preparation!



SUPPORT

Need some more help on a certain concept or subject? Use Flex time to get the support you need.

Contact Teachers

Email your teachers with questions that you have. You should use your Flex time to make sure that you are set up for success. This is a great time to ask for a 1-1 meeting, or to check in on Powerschool and Google Classroom to make sure you're caught up.

[Teacher Directory](#)



Set up a Zoom collaboration session with a classmate

Did you miss what happened in class this week? Are you stuck on a Math problem or concept? Set up a Zoom meeting with a member of your cohort to problem-solve and teach one another. Sometimes two heads are better than one!



Research

The Internet is full of reputable sources that can help you to better understand a topic. Use your research skills to find out more about a topic that you find confusing.

Pssst...Start here:
[Credible and Reliable Sources for Students](#)



ENRICHMENT

All caught up and ready for a challenge? Use Flex time to move ahead as a student!

[Scootpad](#)

Practice Math and ELA skills and challenge yourself to improve. A little bit of practice every single day makes a huge difference!

(Helpful Hint: Your login was sent home over the summer!)



[IXL](#)

With IXL, you can practice Math, ELA, Science, and Social Studies skills. You are sure to get ahead in your classes if you engage in enrichment.



[Art Enrichment](#)

Missing the Art elective? Start your own project and challenge yourself to keep improving upon it each day. Don't forget to share what you're doing with Ms. Iverson!

(Added challenge: Create a piece that reflects what you are learning in one of your classes. Share it with your teacher when you are done!)



[Khan Academy](#)

Take a free class in an area of interest. Flex is a great time to learn a new skill or to advance your knowledge in a field you are already strong in. There's no time like the present to start learning!

